

Volunteer for Fun Flirty and Fabulous 5 & 5



**5k and 5Mile walk/run
Sunday February 16, 2014**

10am

Forest Park, Upper Muny Parking Lot

Fun, Fabulous and Flirty 5&5 in Forest Park is the FIRST race of its kind! Committed women KNOW THEIR GREATNESS this event is specially designed with YOU in mind!! The 5 mile and 5k combo allows seasoned runners to compete and "bring a friend" to the 5k...sharing the love of fitness and running...unleash the SEXY in you! Maybe you have never ran before or maybe you are an elite athlete join us for a party in Forest Park to have fun and be fabulous & flirty! Of course men are welcome...who wouldn't want a part of this??!!

Start/Finish: Forest Park Upper Muny Parking Lot

When: Sunday, February 16, 2014 10am

Mail to: PO Box 46808 St. Louis, MO 63146

For more information: email admin@funflirtyandfabulous.com **Thank you to our Volunteers!!**

Name: _____

Address: _____

City/State/Zip: _____

Age on Race Day: _____ Male: _____ Female: _____

Phone Number: (____) _____ Email: _____

Shirt Size: Unisex ___S___M___L___XL___XXL Women's ___S___M___L___XL___XXL

How did you hear about the race and the volunteering opportunity? _____

Race Day Communication Contact Number (phone calls/text messages) (____) _____

In consideration of your accepting this entry, I, intending to be legally bound, hereby for myself, my heirs my executors, and administrators, waive, and release any and all rights and claims or damages I may have against Big River Running Company, LLC, Big River Race Management, LLC, City of St. Louis and its employees and agents, The Board of Police Commissioners for the City of St. Louis and its employees and agents, Fun, Flirty and Fabulous 5&5, B the Light, their affiliates, subsidiaries, officials, representatives, employees, successors, volunteers and assigns for any and all injuries suffered by me in these events. I attest and verify that I am physically fit and have sufficiently trained for the completion of these events. Further, I hereby grant full permission for the free use of my name and/or photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose. My submission of this form shall act as my legal signature.

Signature: _____ Date: _____