Biography

Shannon Schindler [Shin-dler]: Shannon started the Fun, Flirty and Fabulous 5 & 5 Run in November 2012 while working with the Landmark Education's Self-Expression and Leadership Program.

Shannon studied at Southern Illinois University- Edwardsville and has a background in accounting with emphasis in federal and international corporate taxation.

Shannon is most recently discovering an entrepreneurial focus on empowering and enabling people in an area of life important to them.

She lives in Saint Louis, MO with her husband and daughter.

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